



VETERANS HEALTH **INFORMATION** EXCHANGE

**VA**



U.S. Department  
of Veterans Affairs

# WE'RE HERE TO HELP

## HOW DOES SHARING MY HEALTH DATA BENEFIT ME?

Sharing your health information saves time and improves your care. VA is partnering with participating community care providers to safely and electronically share your health information for your treatment. The more information your provider has about your medical history, the better. Currently VA, and participating providers can share health information, such as:

- Prescriptions and medications
- Allergies
- Illnesses
- Laboratory and radiology results
- Immunizations
- Procedures
- Clinical Notes

## IS SHARING MY HEALTH DATA SAFE?

Yes, your VA health care provider protects and shares your health information as permitted by federal privacy laws. We partner with other non-VA organizations that have the ability to share and access data through a secure and safe electronic system.

## HOW DO I SIGN UP?

As a result of the VA MISSION Act, you do not need to take any action to share your health data with VA and your community care providers.

## CAN I CHOOSE NOT TO SHARE MY HEALTH INFORMATION?

**Yes.** If you choose not to share, it will mean that none of your health information will be shared electronically. Traditional paper forms of health sharing will be available regardless of your preference.

**Even if you have chosen not to share your health information, it will be shared during an emergency.**

**If you don't want to share your health information electronically,** complete and return VA Form 10-10164 to the Release of Information (ROI) Office at your VA Medical Center or by mail.

If you previously signed VA Form 10-0484, to not share your health electronically, prior to September 30, 2019, VA will continue to honor that preference.

## HOW DO I OPT BACK IN?

If you opted out of sharing, but change your mind, you can opt back in and authorize VA to share your health information by completing and returning VA Form 10-10163.

## WHAT IS ELECTRONIC HEALTH INFORMATION SHARING?

VA has joined national efforts to safely and securely share your health care information electronically with participating community care providers from which you may receive care. By participating in health information sharing, you give your providers a more complete view of your health care record.

Electronic health information sharing improves the accessibility of your medical records. The goal is to share relevant parts of your VA medical record electronically, safely, and securely with participating providers.

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